



SAMPLE SCHOOL ACTIVITY PROGRAMME			www.morfabay.com	
MON	09:30 – 11:30	14:00 – 16:00	EVE	
AMROTH	School arrival & welcome	Climbing Wall	Coastal Hike	
CALDEY		Orienteering		
GINST		Archery		
LAUGHARNE		Zip Line		
LUNDY		Woodland Scramble		
MARROS		Mud Assault Course		
PENDINE		Climbing Wall		
RAGWEN		Abseiling		
TUES	09:30 – 11:30	13:00 – 15:00	15:00 – 17:00	EVE
AMROTH	Mud Assault Course	Crate Stack	Archery	Pendine Beach
CALDEY	Zip Line	Archery	Woodland Scramble	
GINST	Abseiling	Woodland Scramble	Sea Activities	
LAUGHARNE	Archery	Orienteering	Sea Activities	
LUNDY	Crate Stack	Zip Line	Climbing Wall	
MARROS	Woodland Scramble	Abseiling	Crate Stack	
PENDINE	Orienteering	Sea Activities	Zip Line	
RAGWEN	Climbing Wall	Sea Activities	Orienteering	
WED	09:30 – 11:30	13:00 – 15:00	15:00 – 17:00	EVE
AMROTH	Abseiling	Woodland Scramble	Zip Line	Morfa Bychan Beach
CALDEY	Climbing Wall	Abseiling	Mud Assault Course	
GINST	Mud Assault Course	Climbing Wall	Orienteering	
LAUGHARNE	Woodland Scramble	Crate Stack	Climbing Wall	
LUNDY	Mud Assault Course	Sea Activities	Abseiling	
MARROS	Orienteering	Sea Activities	Archery	
PENDINE	Crate Stack	Archery	Woodland Scramble	
RAGWEN	Woodland Scramble	Zip Line	Crate Stack	
THURS	10:00 – 12:00	14:00 - 16:00	EVE	
AMROTH	Orienteering	Sea Activities	BBQ & DISCO	
CALDEY	Crate Stack	Sea Activities		
GINST	Zip Line	Crate Stack		
LAUGHARNE	Mud Assault Course	Abseiling		
LUNDY	Orienteering	Archery		
MARROS	Climbing Wall	Zip Line		
PENDINE	Abseiling	Mud Assault Course		
RAGWEN	Archery	Mud Assault Course		
FRI	AM	11:00		
SAMPLE SCHOOL	Pack/Farewell	Depart MBA	N/A	